

THE NALANDA BOARD MEETING MINUTES
APRIL 18, 2007

Held at the home of Jan Vleck. In attendance: Geshe Jamyang, Jan Vleck, Larry Causey, Bob Saunders, Alaya Griffith and Claire Williams

AGENDA

Treasurer's Report
White Tara Teaching
Storage Space at Temple
Teleconference Calls
Super Saturday
Annual Retreat
Lama Lungrik

Treasurer's Report

Larry provided the board with a check register indicating debit and credit amounts.
Please see attached form.

**Larry will retrieve the post office box key from Dick and will hence be responsible for checking Nalanda's official mail.

Larry has also purchased an additional cash box in order to keep funds for the dharma store separate from the registration cash box.

White Tara

**Larry has compiled separate dana envelopes for the White Tara teaching on April 29th. \$600 will be given to Dagmo Kusho, plus additional amounts to the driver and accompanying monks.

Ads have been posted, dharma centers have been contacted by mail.

An introduction and practice will be from 9:00-9:45. Dagmo Kusho is planned to arrive around 9:45.

***Geshe Jamyang and Jan will discuss the orientation and rituals to honor Damala as she enters and during the teachings. They will inform the group prior to her arrival at 9:45 of these practices. Members will be recruited to set up Coach House and other duties. We will arrive at the Coach House at 8:00 am. Alaya and Jan have all of the shrine items and dharma store items. Claire will bring the large coffee pot for tea.

*** Jan will secure the key.

***Alaya will be in charge of assigning and bringing snacks and fruit for the teaching.

***Claire will bring flowers.

***Geshe Jamyang will make signs to be posted at the registration table indicating the price for members and non members. No one will be turned away for not paying the full amount.

***Dick will set up the dharma store.

*** Carol will be providing lunch for Damala and the board members. Lunch for other participants will be on their own.

Storage Space at Temple

A suggestion was made that we inquire at the Vietnamese Temple about the possibility of having a permanent space, such as a cupboard or locked box in which Nalanda could store all of the dharma items and other necessary materials.

Teleconference Calls

Next call will be May 2nd at 8:00 pm. It was determined that everyone participate during the entire length of the call. Be on time and only address designated assigned tasks.

Super Saturday

This item was tabled until after the retreat. Volunteers will be needed to staff the informational table.

Annual Retreat

To be held May 11, 12 and 13th at Gwinwood Retreat Center.

Cost: \$160.00 per participant (\$130.00 TNI pledge members); included meals and lodging

**Claire will check with Karen McSwain concerning provision of meals and number of participants eating there.

Meals will be scheduled as follows:

Friday – lunch and dinner

Saturday – breakfast and lunch. There will be a fast from Saturday after lunch until Sunday morning breakfast

Sunday – breakfast and lunch.

Silence will be observed from 1:00 pm Friday (after lunch), until Sunday morning at breakfast.

**Bob will develop a poster for the retreat with Lama Mingmar's picture and information on it. It will be ready to hand out at the White Tara teaching.

**Larry and Bob will develop registration forms – those will be mailed to retreat centers and also posted on the Nalanda web page.

**Bob will send the registration copy to Tom.

**Claire will notify Donna at Gwinwood as to how many people are expected to attend the retreat, and also check with her about the time we can get in on Friday morning for set up.

****Board should discuss pro-rating registration for those who are not able to attend for the entire period.**

Taming the Mind, Transforming Emotions



A Three Day Teaching and Meditation Retreat With Acharya
Lama Migmar Tseten

§ Leading Sakya Scholar, Meditation Master

§ Buddhist Chaplain at Harvard University

§ Honored by H.H. Dalai Lama for outstanding academic
achievement

See: <http://www.sakya.net/html/lamamigmartseten.html>

Friday, May 11, 10:00 AM to Sunday, May 13, 1:00 PM
Gwinwood Retreat Center, Lacey, WA

OVERVIEW:

Drawing from all three yanas, this retreat features a complete teaching on understanding mind and transforming afflicted emotion as well as increasing understanding of the relationships between the three vehicles. It includes a mix of teachings and meditation to benefit practitioners cultivating wisdom, meditation, and beneficial social actions.

DAY 1: Understanding mind and Buddhist Psychology

- From Theravadin Abidharma teachings on the nature of our mind, bodies and emotions where afflicted emotions are the enemy

DAY 2 (AM): Taming the mind using the path of the Bodhisattva

- From Mahayana Lojong teachings on developing skillful means where afflicted emotions are the teacher

DAY 2 (PM) & 3: Transforming experience into the qualities of enlightenment

- From Vajrayana teachings of Sakya founders on four levels of tantra as stages of realization where afflicted emotions are transcendental wisdom
- \$160 for everything, partial attendance possible

Lama Lungrik

Has received a favorable letter from the embassy. We look forward to his arrival.

