







Nalanda Institute

August 2008

(Earth Rat Year 2135)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
August 31					1 	2
3 2-6 p: open house to meet Lama Lungrik @ Bob Saunders potluck	4	5	6	7 7p: Regular practice (Bob S)	8 Beijing Summer Olympics open	9
10	11	12	13	14 7p: Regular practice (Geshe)	15	16 
17 3pm: Tibet reunion @ Claire	18	19	20 7p: TNI Board mtg @ Jan V	21 7p: Regular practice (Jan V)	22	23 12-5:30p TIBET FEST @ Seattle Ctr 9p: Candle for Tibet @ Tivoli Ftn
24 TIBET FEST @ Seattle Ctr—call Larry for carpool 280-1340	25	26	27	28 7p: Chenrezig practice (Larry C)	29	30 

 New Moon Day (first day of Tibetan lunar month)

 Full Moon Day

Thursday evening practices all at Lien Hoa Temple, 12<sup>th</sup> and Wilson St. NE (north of Ralphs Thriftway market). Enter from back parking lot. Come a few minutes early for instructions if you are new.

Lama Lungrik will be teaching us chanting in Tibetan, beginning with the Sakya Lineage Prayer that is part of our Chenrezig sadhana (usually 4<sup>th</sup> Thursday evenings).

Coming Up: August 3: Sunday 2-6 open house to meet Lama Lungrik at Bob Saunders 2206 Rimrock Ct. SW Oly  
Bring a food item for potluck dinner toward the end, or snacks if you will just be there early.  
August 23-24: Tibet Fest at Seattle Center. Tibetan culture, food, crafts, performances....FREE! Larry will organize a carpool for Sunday. Call him at 280-1340.  
October (date tbd): Lama Pema visit & teaching (see <http://www.paldensakya.org/lamapema.html>)

News: The causes and conditions were not right for our purchase of the Dharma Center. The purchase fell through. So for the time being we are happily content with finally having our resident monk, Lama Lungrik.

