



Nalanda Institute

July 2008

(Earth Rat Year 2135)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2 7p: TNI Board mtg @ Jan V (unusual date!)	3 ☸ 7p: Regular practice (Geshe)	4	5
6 Birthday of H.H. the 14 th Dalai Lama	7	8	9	10 7p: Regular practice (Jan V)	11	12
13 10a: Ganapati initiation @ Sakya Monastery--\$30 donation	14	15	16	17 7p: Regular practice (Jan V)	18 ☾	19 HH public talk in Madison
20 HH teaching in Madison	21 HH teaching in Madison	22 HH teaching in Madison	23 HH (cont) 1010a: Lama Lungrik arrives SeaTac CO#281	24 7p: Chenrezig practice (Geshe)	25 7:30p: "Four Thoughts that Turn the Mind" @ Sakya \$30	26 10a: Long Life initiation @ Sakya-- H.E. Gyana Vajra Sakya Rinpoche \$30
27	28	29	30	31 7p: Tara practices (Geshe and Lama Lungrik)		

☸ New Moon Day (first day of Tibetan lunar month)

☾ Full Moon Day

Thursday evening practices all at Lien Hoa Temple, 12th and Wilson St. NE (north of Ralphs Thriftway market). Enter from back parking lot. Come a few minutes early for instructions if you are new.

Coming Up: July 6: HH Dalai Lama Birthday

July 25-26: special events at Sakya Monastery, 108 NW 83rd St. Seattle

There may be a special Nalanda potluck in Oly that weekend. Check back for updated calendar.

August 3: Sunday 2-6 open house to meet Lama Lungrik at Bob Saunders 2206 Rimrock Ct. SW Oly 12

August 8: Summer Olympics open in Beijing

October (date tbd): Lama Pema visit & teaching (see <http://www.paldensakya.org/lamapema.html>)

News: On 7/2, the Nalanda Board authorized making an offer to buy a building. Offer accepted 7/10. Stay tuned.

Prayer for a Long Life for H.H. the Dalai Lama

In the Sacred Land surrounded by snow mountains, You are the source of all benefit and happiness.

O powerful Chenrezig, Tenzin Gyatso, Remain in this world until the end of samsara!

In the heavenly realm surrounded by a wall of snow mountains, The source of happiness and benefit for beings,

Is the Lord Tenzin Gyatso, the Chenrezig, May his life be secure till the end of the universe.