

Nalanda Institute

June 2008

(Earth Rat Year 2135)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	7p: Regular practice (Bob S.)	6	7
8	9	10	11	7p: Regular practice (Geshe)	13	14 TESC Super Saturday
15	7p: TNI Board mtg @ Jan V	1 <i>7</i>	18	7p: Regular practice with full moon special (Geshe)	TNI Meditation Retreat @ Bodhi House 2p- 8:30p	2 1 TNI Retreat 8:30a-8:30p 11A: Refuge
TNI Meditation Retreat (8a-12n)	23	24	25	7p: Chenrezig practice (Larry C)	27	2.8
29	30					

New Moon Day (first day of Tibetan lunar month)

Thursday evening practices all at Lien Hoa Temple, 12th and Wilson St. NE (north of Ralphs Thriftway market). Enter from back parking lot. Come a few minutes early for instructions if you are new.

Coming Up: June 20-22, 2008 (Fri-Sun) Nalanda Annual Meditation Retreat at Bodhi House 4846 Johnson Point Rd NE (just past Hawks Prairie Rd) \$75 www.bodhihouse.org Friday talks of interest, by Geshe Jamyang:

3:3:0-5:30 pm: The Three Yanas (Hinayana, Mahayana, Vajrayana)

7-8:30 pm: The Practice Traditions of the Four Schools of Tibetan Buddhism

July 6: HH Dalai Lama Birthday

August 8: Summer Olympics open in Beijing

Full Moon Day