



Nalanda Institute

September 2008

(Earth Rat Year 2135)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4 7p: Regular practice (Geshe)	5	6
7 1:30-3p: "Living & Dying in Tibet" lecture @ Sakya Seattle \$25 Tulku Yeshe	8	9	10	11 7p: Regular practice (Geshe)	12	13
14 11:15a-12:30p: Refuge Ceremony @ Sakya*	15 ☀	16	17 7p: TNI Board mtg @ Jan V	18 7p: Regular practice (leader tba)	19	20
21	22	23	24	25 7p: Chenrezig practice (leader tba)	26	27
28	29 ☾	30				

☀ New Moon Day (first day of Tibetan lunar month)

☾ Full Moon Day

Thursday evening practices all at Lien Hoa Temple, 12th and Wilson St. NE (north of Ralphs Thriftway market). Enter from back parking lot. Come a few minutes early for instructions if you are new.

After a long silent retreat, the Nalanda phone is back, with humans checking the messages.

Lama Lungrik will be teaching us chanting in Tibetan, beginning with the Sakya Lineage Prayer that is part of our Chenrezig sadhana (usually 4th Thursday evenings).

*HH Dagchen Rinpoche is offering a Refuge Ceremony at Sakya Monastery on 9/14. For information or to sign-up: 206-789-2573 or monastery@sakya.org.

Coming Up: October date TBA: Lama Pema will teach in Olympia; details not known yet. A great teacher, in English.
October 26 Sunday: 12-6 Nalanda Annual Planning Retreat (with potluck; details later). All welcome.
4/26-6/7/2009: 6-week Lam Dre teaching by HH Sakya Trizen in Sydney, Australia. www.drogmi.org

"That you ask this question means that you have the responsibility to take action."

--H.H. the Dalai Lama, Madison, WI. 07-21-2008