

# White Tara Teaching and Empowerment

White Tara is specifically associated with practices designed to lengthen one's lifespan and overcome life-threatening hindrances. She is referred to as Yeshin Khorlo, the Wish-Granting Wheel, and the practitioner strives to identify him- or herself with this deity and thereby purify all obstacles to longevity.

**When:** Sunday April 29, 2007  
9:00am to 3:00pm

**Where:** WA State Museum Coach House  
Olympia, WA

**Donation:** \$30 suggested donation \$25 Nalanda Members  
For more information call: (360) 786-1309



## Her Eminence Dagmo Kusho

H. E. Dagmo Kusho's personal deity is Tara whom she has practiced all her life. She has received initiations, teachings and oral transmissions on Tara from many learned teachers and finally on the insistence of her teachers, she herself began teaching. As one of the few female Tibetan Buddhist teachers, Dagmo Kusho feels fortunate to be in a position to benefit people from all parts of the world.

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